



# Dispersed Supported Housing

Supported housing is accommodation for people who are aged 60 and over, who can live on their own but who would like to have support close by.

We have 33 supported housing schemes across Dacorum with a range of self-contained flats and bungalows. Social gatherings and activities are often available within these schemes.

Our dispersed supported housing properties are made up of flats and bungalows spread around different parts of Dacorum. There are around 700 dispersed supported housing properties. These properties are all around the borough including, Hemel, Berkhamsted, Tring and villages.

## This leaflet tells you about:

- What support is on offer
- Activities you can get involved in
- Why dispersed supported housing might be right for you
- Other supported housing options



## What support will I get?

All of our dispersed flats and bungalows are still looked after by a Supported Housing Officer, this is usually the officer who works at the nearest purpose built scheme. Your Supported Housing Officer will visit you regularly, this could be weekly, monthly or quarterly, depending on your personal support needs.

If you have an active phone line you will be able to connect to the community alarm system, called 'Lifeline'. You will have a bracelet or pendant with a button which, when pressed will connect you to the alarm call centre, and will give you and your loved ones peace of mind in case of an emergency.

## What activities can I get involved in?

Each dispersed property is matched to one of our purpose built schemes, so if you live in a flat or bungalow, you will be able to go to a nearby scheme and to take part in activities, coffee mornings and days out. We believe that everyone should have the opportunity to be involved in their wider community. We also run a range of courses to help you maintain your independence, such as digital skills, arts and crafts and Indian cookery. These are part of our **Tenant Academy**, a range of free courses for tenants and leaseholders.

## Why might it be right for me?

If you live in a larger property and would like to move into a more manageable bungalow or flat, then supported housing may be ideal for you. The dispersed properties give people the chance to live in their own homes, and maintain their own gardens, while getting a bit of extra support from one of our officers.

Supported housing is still independent living, with added peace of mind.

## What other options are there?

Other options if you are considering moving to supported housing are:

- **Schemes in Hemel Hempstead**
- **Schemes in Berkhamsted, Tring and the Villages**
- **Flexicare**
- **Lifeline Service**

For more information about supported housing, please contact the Supported Housing team by email: [SupportedHousing@dacorum.gov.uk](mailto:SupportedHousing@dacorum.gov.uk) take a look at our website [www.dacorum.gov.uk/supportedhousing](http://www.dacorum.gov.uk/supportedhousing) or telephone **01442 228000** and ask for **Supported Housing**.

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